“Ultimately about dignity”: Social movement frames used by collaborators in the Food Dignity action-research project

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Submitted September 27, 2017 / Revised January 29 and February 12, 2018 / Accepted February 13, 2018 / Published online July 18, 2018

Citation: Gaechter, L., & Porter, C. M. (2018). “Ultimately about dignity”: Social movement frames used by collaborators in the Food Dignity action-research project. *Journal of Agriculture, Food Systems, and Community Development, 8*(Suppl. 1), 147–166. [https://doi.org/10.5304/jafscd.2018.08A.004](https://doi.org/10.5304/jafscd.2018.08A.004)

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Abstract

Social movement theory suggests that effectively framing the cause of a problem (diagnostic framing), its solutions (prognostic framing), and reasons to support its solutions (motivational framing) is likely to be essential for reaching movement goals. In this paper, we apply social movement framing theory to empirically identify prognostic, diagnostic, and motivational frames in the growing food justice movement in the U.S. We use the case of the Food Dignity project, a five-year, U.S. Department of Agriculture (USDA)-funded, action research collaboration between academics and leaders at five community-based food justice organizations. We coded multiple data sources, both public and internal to the project, to identify the strongest and most common diagnostic, prognostic, and motivational frames used by 25 individual collaborators in the Food Dignity project. Results suggest that the majority of diagnostic frames used by Food Dignity partners did not relate directly to food, but included instead insufficient resources, loss of place, degraded com-

**Funding Disclosure**

Food Dignity ([http://www.fooddignity.org](http://www.fooddignity.org)) was funded by USDA National Institute of Food and Agriculture’s Agriculture and Food Research Initiative Competitive Grant no. 2011-68004-30074.

**Contributors and Supporting Agencies**

Blue Mountain Associates; Feeding Laramie Valley; Whole Community Project; East New York Farms!; Dig Deep Farms; University of Wyoming; and the U.S. Department of Agriculture National Institute of Food and Agriculture.

**Acknowledgements**

We are grateful to the action research teams of Food Dignity.

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Volume 8, Supplement 1 / July 2018 147
community, and constrained choice and respons-
ability (Minkler, 1999) as causes of problems—
though a broken food system also emerged as a
causal frame. Similarly, solution framing included
one overarching food-related strategy, which we
labelled “great food.” The other prognostic frames
were reclaiming power, growing the local economy,
strengthening community, fostering sustainable
organizations, and networking. We did not find any
motivational frames in the first round of semi-open
coding. However, when we returned to reexamine
the data with a hypothesis informed by our project
experience beyond the textual data, we identified
the motivational frame that we call recompense.
Recompense suggests that those who have bene-
fited from our current food systems should now
work toward justice for those who sacrificed,
usually unwillingly, to create them. This frame was
mostly used indirectly and by community-based
(rather than academic) partners in the project.
Identifying these food justice diagnostic, prognos-
tic, and motivational frames may help movement
leaders to more explicitly examine and employ
them and is an essential step for future research in
assessing their effectiveness for creating a just,
sustainable and healthy food system.

Keywords
Social Movement Framing; Social Movement
Frames; Food Dignity; Sustainability; Food Justice;
Diagnostic Framing; Prognostic Framing;
Motivational Framing; Just Food System; Structural
Oppression; Racism; Community Food Security;
Food Sovereignty;

Introduction
Thousands of people and organizations align
themselves with the community, national, and/or
international food justice movement. One scholar
defines this movement as “a budding social move-
ment premised on ideologies that critique the
structural oppression responsible for many injus-
tices throughout the agrifood system” (Sbicca,
2012, p. 455).

Social movement theory suggests that
effectively framing the cause of a problem
(diagnostic framing), its solutions (prognostic
framing), and the reasons to support its solutions
(motivational framing) is likely essential for
reaching the movement’s goals. Little empirical
examination of the social movement framing
employed within the food justice movement has
been conducted. However, social movement theory
suggests that the way in which movement actors
frame the problems they are trying to solve affects
how successful they are in doing so (Buechler,
2000; Martin, 2015; Snow & Benford, 1988). Thus,
identifying the social movement frames that food
justice leaders use is a first step in assessing and
improving the frames’ effectiveness. This study
identifies the diagnostic, prognostic, and
motivational frames used by individual and
organizational partners in a food justice action-
research partnership called Food Dignity.

Food Dignity is a participatory education,
extension, and research project, funded from 2011
to 2016 by a US$5 million USDA National
Institute of Food and Agriculture’s Agriculture and
Food Research Initiative grant (including a no-cost
extension to early 2018). Its primary research
objective was to “identify, develop, and evaluate
scalable and equitable strategies for organising
sustainable community food systems to ensure
food security” (Porter, Herrera, Marshall, &
Woodsum, 2014; spelling is British from the
original). Food Dignity’s organizational partners
include five community-based organizations
(CBOs) that lead and support community food
justice work, in addition to academic partners
assisting CBOs with project research.

The five CBOs are Blue Mountain Associates
(BMA) in Wind River Indian Reservation,
Wyoming; Feeding Laramie Valley (FLV) in
Laramie, Wyoming; Whole Community Project
(WCP) in Ithaca, New York; East New York
Farms! (ENYF) in Brooklyn, New York; and Dig
Deep Farms (DDF) in the unincorporated areas of
Ashland and Cherryland in the Bay area of
California. The academic partners are primarily at
University of Wyoming (UW) and Cornell
University, along with Ithaca College and
University of California, Davis. In addition, the
leader of the umbrella organization for FLV,
Action Resources International, played a project
wide role as community-university liaison. An
introduction to the work of each partner
organization is available on the project website (http://www.fooddignity.org). Most of the partners in the Food Dignity project, both community-based and academic-based, align themselves explicitly with the food justice movement (Bradley & Herrera, 2016).

**Literature Review**

A **social movement** can be defined as “collective forms of protest or activism that aim to affect some kind of transformation in existing structures of power” (Martin, 2015, p. 1). **Frames** are linguistic tools that package messages in ways that shape their meanings (Bateson, 1972; Goffman, 1974/1986). Much in the same way a window frame shapes one’s view and a frame around a painting influences one’s perception of the painting, social movement frames influence both what messages audiences receive and how they perceive them. For example, one “window frame” on viewing food security suggests that food needs to stay cheap so poor people can afford it. Another is that full-time work should pay living wages that enable people to pay the real costs of healthy food. The first frame puts food prices in view and wages out of view; the second includes both wages and food prices. Likewise, vocabulary and phrasing can influence the meaning of similar messages. For example, in “all people deserve access to food” vs. “access to food is a human right,” the former invites the reader to view the message that everyone should have enough food through a moral frame, and the latter offers this message through a legal frame.

Social movement scholars have identified a trio of frame types that movement leaders and members use to further their causes (McCammon, Muse, Newman, & Terrell, 2007; McVeigh, Myers, & Sikkink, 2004; Snow & Benford, 1988):

- **Diagnostic** frames implicate or explain causes of problems the movement is addressing.
- **Prognostic** frames imply or suggest solutions to those problems.
- **Motivational** frames aim to persuade people to join or contribute to a movement.

Well-constructed diagnostic, prognostic, and motivational frames are theorized to lead to participant mobilization (Snow & Benford, 1988) and movement success (Buechler, 2000; Martin, 2015).

The small body of empirical research studying the impacts of social movement framing offers some evidence for causal links between framing and movement success or failure. As outlined below, this literature examines the success of framing in advocacy for homelessness prevention (Cress & Snow, 2000), recruitment into the Ku Klux Klan (McVeigh, Myers, & Sikkink, 2004), and women’s efforts to gain access to serve on juries (McCammon, Muse, Newman, & Terrell, 2007).

**Framing in Homelessness Prevention**

Cress and Snow (2000) evaluated the success of framing among social movement organizations devoted to confronting homelessness. To do so, they conducted retrospective case studies of 15 such organizations to determine the importance of six theorized contributors to social movement success (viable organizations, sympathetic city council allies, existence of a city agency to address homelessness, disruptive tactics, articulate and specific diagnostic frames, articulate and specific prognostic frames). Using qualitative comparative analysis, they found that the organization’s viability and the presence of articulate, specific diagnostic and prognostic frames were the only three necessary conditions to achieving a significant impact—defined as accomplishing at least two out of three predetermined outcomes. Furthermore, they stated that “articulate and focused framing activity comes more closely than any of the other conditions to constituting a necessary condition for attainment of the outcomes in question” (Cress & Snow, 2000, p. 1100). The authors hypothesize that frames may be necessary conditions for success because frames are used to secure other conditions for success, including city support, allies, and viability (Cress & Snow, 2000).

**Framing in Ku Klux Klan Recruitment**

McVeigh et al. (2004) similarly attempted to verify the efficacy of frames, but did so by testing hypothesized outcomes against actual outcomes in a study of Ku Klux Klan (KKK) membership in Indiana in the 1920s. The authors note that KKK frames are anti-immigrant, anti-Catholic, anti-
African American, and anti-free trade. They hypothesized that, if these frames were effective, KKK membership would be most concentrated in Indiana counties where the highest percent of immigrants, Catholics, or African Americans lived—that is, counties in which animosity among white, native-born Protestants was hypothesized to be highest. They also thought that counties that were most dependent on agriculture would offer the highest percentages of KKK recruits, given that farmers had little to gain and much to lose from free trade. The authors found that KKK membership was, indeed, positively correlated with all the demographic characteristics targeted by typical KKK framing except for Protestantism—perhaps due to unreliable census data on religion. These correlations offer evidence that anti-immigrant, racial, and free trade framing was effective in aiding the Klan’s recruitment efforts (McVeigh et al., 2004).

Framing in Women’s Access to Jury Service
Finally, McCammon et al. (2007) provided an additional quantitative assessment of the importance of framing in movement success. These authors coded frames that were used to promote the right of women to sit on juries in 15 U.S. states between 1913 and 1966. Using logistic regressions, they tested hypothesized correlations between the use of these frames and the success of policy change, as moderated by dominant cultural contexts. All years in which women did not win the right to sit on their respective state’s juries were considered failures, and the year that the law did pass in that state was considered a success. Their findings indicate that:

- Frames that tapped into general hegemonic discourse (language of what is considered “normal”) were not positively correlated with outcomes. For example, emphasizing dominantly accepted differences between men and women did not lead to women gaining access to juries.
- Capitalizing on legal hegemonic discourse was positively correlated with successful changes in juror statutes (e.g., the use of jurying as a citizen’s duty).
- Consistently rebutting opposition frames (i.e., having the last word) was positively correlated with the passage of women juror laws.
- Frames that made use of a disruption in hegemonic discourse (e.g., the outbreak of WWI and WWII provided new opportunities for framing women as supporting the war effort by filling “men’s roles” like jurors) were correlated with success (McCammon et al., 2007).

As can be gleaned from the above discussion, the body of empirical evidence for the impact that framing has on social movement success is small, but existing results support its importance.

Framing in Food Justice and Related Movements
An even smaller body of social movement literature examines food movement frames, although not for causal inferences. One scholar has examined overall framing of “food sovereignty” (defined here as a radical and structural transformation of the global food system toward serving the needs of all people) and “community food security” (defined here as working within existing structures to ensure adequate community access to food) on the websites of 46 U.S.-based organizations in comparison and contrast with international use (Fairbairn, 2012). She concluded that “the type of political action recommended by U.S. organizations is certainly tame compared to that undertaken by some of their international counterparts—I could not find a single call to commit civil disobedience” (Fairbairn, 2012, p. 224). She also identified a perhaps problematic conflation of food localization and food sovereignty. Food localization, Fairbairn (2012) notes, originally simply meant eating food grown within one’s own, self-defined community. She found, though, that this term has accumulated meanings associated with, for example, fairly traded or organically raised food, regardless of its origin.

Based on years of participant observation, another scholar uses broad social movement theories for defining what constitutes a movement to assess if there is such a thing as a “local food movement.” Her conclusion was positive, finding that the movement offers “a new cosmology (or
(paradigm) of food production, distribution, and consumption” that includes “remarkable (but not unprecedented) use of pleasure to move political analyses forward” (Starr, 2010).

In a study that examines more explicitly the role of social movement framing theory in the food justice movement, Sbicca (2012) examined who does the framing of food justice via a descriptive case study with the People’s Grocery, a food justice CBO in West Oakland, California. The author found that organizational leaders consistently used anti-oppression diagnostic and prognostic framings of food justice. Interns of the People’s Grocery, however, were less connected to those frames, and community members generally did not take part in the framing process at all.

At a more macro level, without using systematic text analysis methods, another paper examined consensus, or lack thereof, in frames used in hunger and malnutrition, community food security, and intentionally disruptive agricultural protest work (Mooney & Hunt, 2009). Mooney and Hunt noted that prognostic framing, at least, differs within and between these arenas, and they closed with a call for more research on their diagnostic, prognostic, and motivational framing.

With this paper, we begin to answer that call with a project using empirical data coding and analysis to identify and characterize the diagnostic, prognostic, and motivational frames used by the individuals and organizations partnering in the Food Dignity project. Explicitly articulating these frames, as we do in this paper, is one important step toward (1) aiding movement actors in intentionally honing, shifting, or amplifying their framing; (2) assessing framing effectiveness for reaching movement goals; (3) facilitating discussion, debate, and ultimately ownership of movement framing by those most impacted by unjust food systems; and (4) identifying areas that might be ripe for deepening collaboration and coordination with other social movements.

Methods
In this section we outline our methods for case and participant selection, data collection and selection, and analysis.

In the analysis, we identify the individual project partners working with the five CBOs (and the community-university liaison) as “community.” We identify those working for one of the four university and college partner institutions, including graduate students and staff, as “academic.” The “we” used here represents the two academic co-authors. Gaechter was a masters student at the University of Wyoming (UW) from 2014 to 2016. Her studies were funded by Food Dignity and this work draws from her thesis research. Porter was Gaechter’s thesis chair at UW and is the project director and principal investigator of the Food Dignity project.

Case Selection
The Food Dignity project offers a rich case for an in-depth qualitative analysis of social movement framing in the food justice movement. A diverse range of critics sees the project as a potential vanguard for community-academic collaboration in food, justice, and food justice. Both activists and academics have called the project “groundbreaking” (Aarons, 2012; Cabbil, 2012; Chappell, 2013). In 2014, the project won the Community-Campus Partnerships for Health Award for its “extraordinary” and “outstanding” work in this realm (Community-Campus Partnerships for Health, 2014). In addition, since it is also a research project, Food Dignity offers a large “buffet” of rich and descriptive data for analysis. With nine organizations and about three dozen people collaborating on food justice action research, it is an atypical case—one that is valuable for its unique rather than representative qualities (Flyvbjerg, 2006). At the same time, the five CBO partners in the project are arguably broadly and roughly representative of community-based, community-led organizational work for food justice in the U.S.: they are urban, suburban, and rural; they are led by and serve people of diverse backgrounds; and their goals range from meeting basic nutritional needs to dismantling oppressive systems. Thus we believe that Food Dignity supplies a useful case for empirically identifying framing strategies within the U.S. community food justice movement.

Perspectives and Participants
In this study, we examined frames used by the five
community organizations partnering in Food Dignity and 25 individual community and academic members of the Food Dignity team. These 25 individual members either attended the final meeting of project partners in early 2016, produced a first-person video story in 2015, or did both (15 of them). With the exception of Gaechter, who attended the final meeting as a note-taker, no one who met one or both of these criteria was excluded from our analysis.

Our 25 individual participants consisted of 17 community-based and nine academic-based partners, including one person whose frame use is considered here under both “bases” because his role included both community and academic work over the course the project. Of the community partners, 10 publicly identify as people of color (half female, half male), six do not (three female and three male), and one male partner’s public racial identity is unknown. Of the nine academic-based partners, two identify as people of color (one female, one male). The remaining seven include two male and five female academics (including Porter) who do not identify as people of color. None of the participants publicly identified as a gender other than female or male. These participant numbers are too small to draw any conclusions by associating movement framing use with certain demographics. We still identify, however, each data source cited in the results section by organizational affiliation (community or academic), race (of color or not) and gender (female or male) because of the important role that demographics likely play in movement framing (Sbicca, 2012; Slocum, 2011).

Data Collection and Selection
To identify the social movement frames used in the Food Dignity project, we selected and analyzed six kinds of Food Dignity data sources: (1) Gaechter’s participation and observation with field notes, (2) collaborative pathway models produced with each of the five CBOs, (3) 16 first-person digital stories and their transcripts, (4) a project video about making those stories and its transcript, (5) meeting notes, and (6) text on the home and about pages of the Food Dignity and CBO partner websites. More details on each are provided below. We selected these six sources from a much larger body of data collected by, with, and from partners over the five years (plus two no-cost extension years) of project funding. Our goals in making selections of which sources to analyze, largely via coding, for this framing analysis included:

- To represent the most current and most developed framing in use, we chose sources that were collected or created in 2014 or later;
- To analyze framing in work intentionally created for public audiences, we selected several sources— the websites, collaborative pathway models, and videos— that are highly developed products;
- To capture individual collaborator voices in both internal and public communication, we included the videos, meeting notes, and participation and observation data; and
- To capture organizational framing used by the CBOs and those in a more collective manner, we chose to analyze the websites, project video, and the five collaborative pathway models.

In total, these sources represent 23 text files containing 25 individual voices and, in the case of the collaborative pathway models and websites, public voices of the five CBOs. Together, these sources compose the most developed and intentional framing of food work within the catalogue of Food Dignity data combined with the richest records of internal discussions among project partners (Porter, 2018). We find that this set of data represents the major framing themes used by individual and organizational partners in the latter years of the Food Dignity project, based on our participation and observation as well as review of this manuscript by other partners.

Participation and observation
Gaechter conducted formal participation and observation with Food Dignity partners in three instances: volunteering with CBO partner FLV in 2014, serving as note-taker at a Union of Concerned Scientists meeting on food equity with three other Food Dignity collaborators (including Porter) in June 2015, and taking notes at the final, four-day,
all-team project meeting in January 2016. Both her field notes and meeting notes were consulted and coded during textual analysis.

Additional participation and observation that informs our analysis, but is not included in the text coding analysis described, includes Gaechter serving as formal note-taker for all-day research planning meetings of the four-member leadership team responsible for steering work in the final, no-cost-extension years of the project. She took notes for the meetings in May 2016 and again in January 2017. Porter has been participating in and observing Food Dignity since inventing the plan for the project with collaborators in mid-2010. In addition to being one of the 25 individual “subjects” of this study, her experience and history in the project informed and influenced data interpretation.

Collaborative pathway models
Collaborative pathway modeling is a participatory method for articulating theories of change underlying an organization’s programs by linking each activity to expected outcomes. The final model, with some parallels to detailed and rigorous logic modeling, connects every activity or initiative to actual or desired short-, medium-, and long-term outcomes. Two Food Dignity team members worked closely with each CBO partner in Food Dignity to co-develop a model of its program activities and expected outcomes (Hargraves & Denning, 2018, in this issue). In this study, we included in our analysis the text in each of the five Food Dignity collaborative pathway models, one representing each CBO’s work. Because the models explicitly link action to expected outcomes, they offer rich data on prognostic frames. We exported the text within the models from the modeling software1 and included it in the coding analysis described below.

Digital story videos and documentary
Over the course of a three-day workshop in February 2015, with help from professional video story coaches from StoryCenter, four academic partners and 12 community partners each created a narrated digital story (Food Dignity, 2015). Their “assignment” was to create a 2-to-3 minute, first-person story about their journeys to community food work (A. Hill, personal communication, January 12, 2015). StoryCenter also collaborated with Food Dignity to compile a 15-minute minidocumentary on the process of creating these digital stories called Tracing the Paths: Telling Stories of Food Dignity (Luotto, 2015). We viewed and transcribed the 16 digital stories and the minidocumentary for analysis.

Websites
We used the home or about pages from the Food Dignity website and four of the five partner CBOs to find respective missions and visions. We then used the mission or vision to explicitly identify the problem each CBO aims to help resolve, as listed in the first results section. For the fifth CBO, which did not have its own website, we used the text provided for its partner page on the Food Dignity website.

Notes from final Food Dignity team meeting
In the final team meeting of Food Dignity project collaborators, held in early 2016, 26 people (including Gaechter and Porter) spent four days discussing what they had accomplished and learned over our five years together and what we should share “with the world” as results. Both authors and other participants took turns making detailed notes during group discussions. Note-takers aimed to capture the nuance of what each speaker shared, including some “live” transcriptions of exact wording, indicated with quotation marks. The result was 43 typed, single-spaced pages of notes. These were included in the coding analysis described below.

Data Analysis
In consultation with Porter, Gaechter analyzed the data above following Miles and Huberman’s (1994) four-stage process:

1. Noting themes: We qualitatively reviewed all data sources described above and noted our initial observations about themes and questions.
2. Reducing data according to research questions:
Using software (ATLAS.ti GmbH, 2008), Gaechter coded the textual data noted above, organizing what Miles and Huberman (1994) called themes specifically into diagnostic, prognostic, and/or motivational framing categories. She also inductively developed initial codes for subthemes in each of these three categories. In this way, “theme” became synonymous with frame type (diagnostic, prognostic, or motivational), and “subtheme” became synonymous with frame. Porter reviewed and agreed with first author’s coding, adding only a small handful of additional passages coded as representing these frames and suggesting additional frames within identified themes.

3. **Displaying data in relevant categories:** We exported all the coded text quotes from the data set into diagnostic, prognostic, and/or motivational framing categories, with quotations also identified by frame.

4. **Identifying and analyzing themes within each category:** Gaechter re-examined the coded passages and refined her frames analysis within each of the three overarching social movement framing categories. We then developed the methods described below to assess their strength.

After naming the problem each CBO was addressing, by inverting its vision or mission statements into problem statements, we then identified and assessed the strength of diagnostic, prognostic, and motivational frames as detailed below.

### Identifying strength of diagnostic frames

After coding, we chose to focus our analyses on the diagnostic frames that were “strongest” by virtue of being both frequent (total number of passages using a particular diagnostic frame) and common (appearing across multiple data sources). Post-hoc, having adjusted for the total quantity of passages coded as “diagnostic” frames, we developed the following criteria to determine which frames were the “strongest”:

1. **Frequent** = diagnostic frames that were represented by 10 or more coded quotations. (This cut-point was inductively set, in that the diagnostic frames emerged as represented in either 10 or more coded passages, or by six or fewer.)

AND

2. **Common** = frame appears in five or more individual text files. (Development of this cut-point was informed by this level of commonality being consistent with dominant frames we perceived and noted—during our much larger body of participation and observation data—as salient across many organizations and individuals collaborating in the Food Dignity project).

### Identifying strength of prognostic frames

The collaborative pathway model developed with each CBO explicitly identifies its strategies for accomplishing its mission. Thus we deemed any prognostic frame that appears in the long-term outcomes of three or more of the five models as “strong” in our analysis, even if it was not otherwise especially frequent or common. We also quantified the overall frequency of each prognostic frame in the collaborative pathway models in activities and outcomes (short-, mid-, and long-term). We additionally counted a prognostic frame as “strong” if it appeared in 30 or more coded passages, even if it did not appear in the long-term outcomes of three or more collaborative pathway models. This cut-point is higher than the 10 for diagnostic frequency above because the collaborative pathway model data set yielded so many prognostic quotations. As with diagnostic frame frequency, this cut-point is also informed by a post-hoc gap noted between frame frequency.

### Identifying motivational frames

No motivational frames emerged during the data reduction or display stages (Miles & Huberman, 1994) of our analysis. During participation and observation, however, Gaechter noted that Food Dignity partners do explain (and have explained to both authors) why we, and why our society at large,
should act on the diagnostic and prognostic frames they present. Based on this observation, we reviewed our field notes, and Porter selectively reviewed additional data such as meeting notes and team emails to further develop the characterization of this motivational frame. Then, to build a description of the motivational frame that emerged from this process using the data set selected for analysis in this study, we re-coded digital story and video transcripts, collaborative pathway model texts, and meeting notes (Merriam, 2009).

The results section below describes the strongest frames within diagnostic and prognostic framing categories as well as the single, and more implicit, motivational frame employed by partners in the Food Dignity project.

Who is framing
In the examples provided to illustrate each frame, we identify who is employing that frame by organizational affiliation (community or academic), racial identity (of color or not), and gender identity (female or male) in our group of 25 individual Food Dignity partners. Our population is too small to analyze the data meaningfully through a demographics lens, but we nonetheless chose to provide it for descriptive purposes.

Checking our analysis
In member checks with three community partners (all females, one of whom publicly identifies as a person of color), one partner who served as both an academic and community partner (male person of color), and three additional academic partners (all female, none is a person of color), participants indicated that our findings shared below are consistent with their experience.

Results
Food Dignity partners clearly define the problems they are working to address and offer many explanations as to why we have these problems (diagnostic frames) and what we should do to address them (prognostic frames). Eleven specific diagnostic and prognostic frames emerged as “strong” according to our criteria above. Only one specific motivational frame was found in the data sources we analyzed, and we identified it only via the deductive analysis explained above. We describe each specific frame in detail below, and Table 1 summarizes each frame and characterizes its strength in terms of frequency and commonality.

In addition to naming summary demographics of individual speakers, we identify the data source for each example used in the results (where “story(ies)” = first person digital story or stories, “documentary” = Tracing the Paths: Telling Stories of Food Dignity, “model(s)” = collaborative pathway model(s), and “notes” = meeting notes taken during final Food Dignity meeting).

Problems Food Dignity Partners Are Working to Address
The primary problems Food Dignity partner CBOs are trying to address are listed below. These are inversions of each organization’s mission or vision statement:

- Unmet health and human services needs (BMA, n.d.)
- Insufficient access to healthy food and jobs (DDF, n.d.)
- Food injustice (ENYF, 2010)
- Food insecurity and an inequitable, unjust, and unsustainable food system (FLV, n.d.)
- Ill health of our children and youth (WCP at Food Dignity, n.d.)
- Community knowledge for how to address unsustainable community food systems leading to food insecurity is unacknowledged or unrecognized by institutions and agencies (Food Dignity, n.d.).

Addressing these problems can be considered the goal of the social movement framing used by the CBOs and Food Dignity partners, as identified below.

\[\text{Note:} \quad \text{The racial and gender identities derive from how the partners have self-identified over the course of the project. The use of "not a person of color" to categorize those who identify as white is our own moniker, selected intentionally as the inverse of the more commonly used category "non-white." (Our category name centers people of color as the norm; "non-white" centers Caucasians as the reference population.)}\]
### Table 1. The Strongest Diagnostic, Prognostic, and Motivational Social Movement Frames used by Food Dignity Academic and Community-based Partners

<table>
<thead>
<tr>
<th>Diagnostic Frames</th>
<th>Meaning</th>
<th>Strength</th>
</tr>
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| Insufficient      | - individuals’ and organizations’ lack access to resources.  
| Resources         | - resources are intentionally withheld from community organizations.  
|                   | - a lack or withholding of resources prevents community leaders from being fully effective.                                                                                                          | Frequency: 29  
|                   | Commonality: 5 (notes, documentary, 2 stories, 1 model)                                                                                                                                             |                                                                                                    |
| Broken Food System| - insufficient access to (healthy) food, including through barriers to growing one’s own food.                                                                                                        | Frequency: 19  
|                   | Commonality: 8 (3 stories, documentary, notes)                                                                                                                                                          |                                                                                                    |
| Loss of Place     | - loss of place through geographic relocation.  
|                   | - loss of place due to a change in social context such as a change in employment or demographic changes to one’s neighborhood.                                            | Frequency: 16  
|                   | Commonality: 8 (5 stories, 2 models, notes)                                                                                                                                                             |                                                                                                    |
| Degraded          | - poverty with little to no local economy or employment opportunities.  
| Community         | - neglect and/or abandonment of neighborhoods.  
|                   | - lack of options for youth.  
|                   | - unsafe environments.                                                                                                                                                                                  | Frequency: 14  
|                   | Commonality: 7 (4 stories, 3 models)                                                                                                                                                                    |                                                                                                    |
| Constrained        | - historical and lifetime trauma limiting personal capacity to struggle against oppressive circumstances.                                                                                             | Frequency: 10  
| Choice and        | - systems that (intentionally) limit individual options and/or choice.                                                                                                                                   | Commonality: 6 (3 stories, notes, documentary)                                                     | Response-ability |
|                   |                                                                                                                                                                                                          |                                                                                                    |
| Prognostic Frames | Meaning                                                                                                                                                                                                 | Strength                                                                                           |
| Reclaiming Power  | - help local communities retake control of their food system.  
|                   | - recognize and develop community leadership, including youth.  
|                   | - connect communities with decision-makers.  
|                   | - reclaim community and indigenous knowledge.                                                                                                                                                           | In all 5 models as long-term outcomes.  
|                   | Commonality: 9 (all 5 models, appearing in a total of 49 short-, mid-, and long-term outcomes; 2 stories, notes, documentary)                                                                     |                                                                                                    |
| Local Economy     | - improve the local (food) economy and create jobs.                                                                                                                                                      | In 4 out of the 5 models as long-term outcomes.                                                     |                                                                                                    |
| Strong Community  | - create a strong, socially connected, and safe community in which people are proud to live.                                                                                                          | In 4 models as long-term outcomes.  
|                   | Frequency: 18  
|                   | Commonality: 6 (4 models in 16 outcomes, 1 story)                                                                                                                                                        |                                                                                                    |
| Great Food        | - plant gardens.  
|                   | - (help people) grow (and share) food.  
|                   | - increase consumption of healthy food.  
|                   | - provide education on healthy eating and growing food.  
|                   | - increase and share food and agricultural knowledge locally, especially community knowledge.  
|                   | - build food production infrastructure.  
|                   | - use food as medicine and for healing.  
|                   | - create place through food.  
|                   | - increase (good) food access, security, justice, and sovereignty.                                                                                                                                     | In all 5 models as long-term outcomes.  
|                   | Frequency: 127  
|                   | Commonality: 17 (in documentary, 10 stories, 5 models in 79 outcomes, notes)                                                                                                                              |                                                                                                    |
Five Diagnostic Frames

Based on our test criteria, combining frequency and commonality, five strong diagnostic frames emerged from our analysis: insufficient resources, broken food system, loss of place, degraded community, and constrained choice and response-ability. We describe each below. See also Table 1 for a summary of these five diagnostic frames and the strength of their appearance in our data set.

1. Insufficient resources

CBO partners in Food Dignity noted working in communities where both organizations and individuals suffer as a result of limited access to resources. Time, money, knowledge, and infrastructure were identified as resources in these contexts. The resource of food was also mentioned; it was mentioned so frequently that we include those results in a separate category, below.

With descriptions of being “stretched thin” and of “exhausted resources,” community partners articulated struggles regarding funding, time, and overextended staff (not a person of color, male, community; notes). On an individual level, one partner shared a personal story about her brother. Speaking to inadequate social support for people with disabilities, she explained, “He had tried to take care of himself. He had been growing veggies on his patio... But trying to live on disability after a work-related injury made it impossible for him to eat well no matter how many tomatoes he produced” (person of color, female, community; story [Sequeira, 2015]).

Community partners felt strongly that academic institutions enjoyed access to unduly large means in comparison to what is made available to CBOs. Most of these assets ultimately stemmed from funding and included universities having abundant staffing, operational support, amassed savings, and employee benefit packages, at least in contrast with CBO resources. As an example, one partner noted, “… for academics, consulting is part of what they're paid to do. Grassroots organizations don’t have enough money to build that in” (not a person of color, female, community; notes).

Discussions of inadequate and denied resources often culminated in the lack of support available to community leaders. The following examples summarize this aspect of the Insufficient

Table 1 continued

<p>| Sustainable Organization | - build sustainable organizations that represent community needs with adequate funding streams, community support, strategic planning, infrastructure, capacity, successful programs, brand recognition, and staff support to attract, engage, and retain employees. | In 4 models as long-term outcomes. Frequency: 50 Commonality: 5 (in 4 models as 43 outcomes and one activity, notes) |
| Networks | - build cross-sector relationships with peers, movement leaders, agencies, decision-makers, universities and local food businesses. | In 1 model as long-term outcome. Frequency: 48 Commonality: 6 (in 5 models as 35 outcomes and one activity, notes) |</p>
<table>
<thead>
<tr>
<th>Motivational Frame</th>
<th>Meaning</th>
<th>Strength</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sustainable Organization</td>
<td>- It is important to address the identified problems because...</td>
<td>Frequency: 18 Commonality: 4 (in notes, 2 stories, 1 partner website)</td>
</tr>
<tr>
<td>Networks</td>
<td>- over generations some have been stripped of power, agency, and choice in order to create greater power and profit for others. It is therefore not charity for privileged people to serve marginalized people in their work, but only the partial repayment of an enormous debt.</td>
<td></td>
</tr>
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Resources diagnostic frame:

- “I’m in Food Dignity, but I’m not living in dignity. How is that? Have we talked about that? I’m doing work on this, but I can’t afford to buy healthy, organic food” (person of color, female, community; notes).
- “The people most qualified to do the work may not be the best people at Excel and HR.... How do we bridge this gap for people? The leaders who are bridging those worlds are in the cross-hairs all the time” (not a person of color, female, academic; notes).
- “Think of all the capacity academics are given because we value their skills. What kind of package like that is there for grassroots organizers... and when the system breaks down, academics are forgiven in ways that we are never forgiven” (not a person of color, female, community; notes).

2. Broken food system

The broken food system frame encompasses the diagnoses of poor access to food and lack of control over production. Lack of access to food, and often specifically healthy food, is commonly identified as a cause of problems that CBOs and the Food Dignity collaboration are working to solve. Participants most often discussed access to food being limited by either geographic or monetary constraints. One community partner described his neighborhood environment saying, “We moved back to our housing projects and there was still no grocery stores, no fresh produce, no decent food for the community” (person of color, male, community; story [Rucker, 2015]). Another offered her experience with monetary barriers preventing access to adequate food: “kids in schools... that don’t have enough access to food... they can’t think, learn, until they get something to eat” (not a person of color, female, community; notes). The additional frame, encompassing an inability to grow one’s own food thus leading to food access problems, is summarized by the explanation, “[We] were originally Great Plains Indians, with hunter-gatherer lifestyles and diets based on natural foods. Growing conditions are challenging. Accessible food now is dominated by external food suppliers and highly processed foods, fast food outlets, etc.” (BMA, Sutter, Hargraves, & Denning, 2017).

3. Loss of place

Relocation is at the root of many problems according to partners in Food Dignity. Community members have experienced loss of place historically, especially through European colonizers forcing Native Americans onto reservations and enslaving Africans and their descendants. Some community-based partners have also experienced relocation in their own lifetimes by moving to new communities, emigrating from their native countries, and being incarcerated. One participant, who expressed a strong wish to regain a sense of belonging, explains, “I grew up in South Brooklyn, New York, raised in the city projects. My mom was from Alabama and my father was an immigrant from Malaysia. People were always assuming I was Puerto Rican or Dominican, or something else” (person of color, female, community; story [Sequeira, 2015]).

Food Dignity participants also described losing a sense of place due to a change in social context, especially via a change in professional position. “As soon as my position shifted,” recounted one community partner, “it felt very different, very weird. I didn’t want to be seen as, ‘oh she’s the director now. She has power now’” (person of color, female, community; notes). One participant named this phenomenon a “third space,” one occupied by community leaders who are intermediaries between marginalization and power, who walk-the-line between activist and sell-out (person of color, female, community; notes).

4. Degraded community

Community-based participants describe the degradation of their communities in a variety of ways. Poverty and limited economic opportunities were commonly cited as sources of problems. Some community-based Food Dignity partners also depicted their neighborhoods as abandoned and in states of disrepair. These factors lead to communities that are unsafe and that lack stimulating options for children and youth. Several of these phenomena are encompassed in the portrayal of one community partner’s return home as an adult:
“It was still a working-class community just with a lot less work. There’s less stuff for kids to do there, fewer safe, healthy, and fun places for them to go. There are fewer small businesses in the area. There were more people living on the edge and more crime” (not a person of color, male, community; story [Neideffer, 2015]).

5. Constrained choice and response-ability

The final emergent diagnostic frame was how often individual choice and ability to respond and to thrive in the face of challenges are constrained by circumstances beyond an individual’s control. For example, one partner noted, “it’s not the money or the help that is the concern or the problem. [It’s] the other things you have to deal with in life that hinder you when you want to go forward. Sometimes things go so deep down you just can’t go forward” (person of color, male, community; notes). In this case, the speaker referred to a personal history of trauma and tragedy, one tightly linked with and caused by historical trauma and systemic oppression. Said another way, “people cannot handle that continuous stream of tragedies” (person of color, female, community; notes). Several partners specifically cited historical trauma and systems that limit agency, creating “odds that you and I could not have conceived” (person of color, woman, community; story [Daftary-Steel, 2015]).

In the mini-documentary, two community partners mentioned explicitly how these systems constrain choice. One said, “not everyone feels empowered to make those choices, make the healthier choices... It’s not that everyone just wanted a bodega on the corner. It’s systematic how, how it ended up that way” (person of color, male, community; documentary). Another confirmed, “if you don’t have the knowledge or you don’t have the resources it doesn’t matter how much choice you want to make. You can’t make that choice” (person of color, female, community; documentary).

Six Prognostic Frames

Here we describe the six identified prognostic frames that met our strength criteria: reclaiming power, local economy, strong community, great food, sustainable organization, and networks. These frames regarding how to resolve food justice-related problems are described below. They are also listed in Table 1 with notes on the relative strength of each frame.

1. Reclaiming power

All five community partner organizations listed reclaiming power, or helping community members reclaim power, as long-term outcomes in their collaborative pathway models (Hargraves, Denning, BMA, DDF, ENYF, FLV & WCP, 2017). The inclusion of reclaiming power in long-term outcomes indicates that these CBOs find the frame to be important, and its ubiquity further speaks to its strength. This reclaiming power frame appeared in three main forms: food sovereignty work, support for and development of community leaders, and connecting communities with and as decision makers. We illustrate the multifaceted aspect of reclaiming power by citing one relevant long-term outcome from each of the CBO’s collaborative pathway models:

- “Reclaiming, restoring, and developing food sovereignty on our reservation” (BMA et al., 2017).
- “Enfranchising marginalized members of community” (DDF, Neideffer, Hargraves, & Denning, 2017).
- “Greater fulfillment of personal and leadership potential for youth and adults” (ENYF, Vigil, Hargraves, & Denning, 2017).
- “Increased involvement, voice, and power of previously marginalized, food insecure individuals and households” (FLV, Woodsum, Hargraves, & Denning, 2017).
- “Increased representation and power of underrepresented groups in local food system decision-making” (WCP, Sequeira, Hargraves, & Denning, 2017).

2. Local economy

Increasing local economic opportunities in and outside of the food system were offered as a means for addressing the identified problems in the long-term outcomes of four of five collaborative pathway models. Below is one example of a growing the local economy prognostic frame from each of
these four in the form of desired long-term outcomes:

- “Increased economic vitality of Wind River Indian Reservation” (BMA et al., 2017)
- “Viable, sustainable network of food-producing and supply-chain enterprises in Alameda County” (DDF et al., 2017).
- “Greater community-driven economic vitality” (ENYF et al., 2017).
- “Increased entrepreneurship and employment in food system for underrepresented community members” (WCP et al., 2017).

Perhaps offering a complimentary, yet also potentially contradictory frame, one CBO’s collaborative pathway model did not speak to an improved economy in the sense of more businesses, greater employment, or production and supply. Instead, its model envisions a “shift in community paradigm around sharing and giving the best” (FLV et al., 2017). While “sharing and giving” resources could be considered economic activity, this phrasing is itself a reframing of a capitalistic and monetized concept of economics in a North American context.

3. Strong community

When it comes to prescribing a strong community to address social problems, participants value community features such as support for residents, social opportunities, and safety. Feelings and perceptions are also valued, as the CBO partners in Food Dignity prioritize people feeling pride in their communities. Together, these components of the prognostic theme we call strengthening community are represented as long-term outcomes in four of the five collaborative pathway models:

- “Increased sense of community strength” (BMA et al., 2017).
- “Sustainable, vibrant, healthy community in Alameda County” (DDF et al., 2017).
- “East New York is a community people are proud of and enjoy living in” (ENYF et al., 2017).
- “Increased community connections, sense of belonging, worth, and possibility” (WCP et al., 2017).

As one community partner put it, “the more lines you weave through there, the stronger it is... Creating these tightly woven lines is creating community” (not a person of color, male, community; notes).

4. Great food

The great food frame is the most common of all the prognostic frames, appearing in the greatest diversity of data source types (see Table 1). This prognostic frame offers food production, sharing, and eating, as well as the sharing of food-related knowledge, as part of the solution to problems that Food Dignity partners and the project itself are trying to address. This frame derives its name from the conclusion of a digital story produced by the director of DDF, who is currently a captain in the Alameda County Sheriff’s Department in California. Summarizing how DDF was improving lives in order to reduce crime by employing former inmates and local youth while increasing healthy food access in his community, the deputy explained, “Most importantly, we’re making great food. To me that is great police work” (not a person of color, male, community; story [Neideffer, 2015]).

Food access, justice, and sovereignty appear as ends in and of themselves, including in the long term outcomes of all five collaborative pathway models. For many in the Food Dignity project, food also offers a means by which to accomplish other goals, including health and healing, personal change, and social change. For instance, one academic partner explained of the prisoner re-entry farm-training program mentioned above, “For most of them, learning to farm was a piece of trying to change their lives” (not a person of color, female, academic; story [Bradley, 2015]). As if in answer to the loss of place diagnostic frame, one community partner shared, “I needed roots so I planted a garden” (not a person of color, female, community; story [Dunning, 2015]). Sharing knowledge about how to produce and prepare food was also part of this theme; for example, one urban farmer said, “Now I am able to share all I have learned about farming in the last four and half years with my old friends from my housing projects. People are able to help each other out and
grow their own food” (person of color, male, community, story [Rucker, 2015]). A colleague noted, “I’m teaching my family about eating healthy and how to grow our own food” (male, community, story [Silva, 2015]).

5. Sustainable organization
In their collaborative pathway models, four of the five CBOs partnering in Food Dignity emphasized the importance of creating sustainable organizations. According to partners, many things are required for a sustainable organization, including adequate funding streams, community support, strategic planning, infrastructure, sufficient capacity, successful programs, brand recognition, and staff support to attract, engage, and retain employees. The Food Dignity focus on organizational sustainability includes continuing to learn and improve, such as the medium-term goal in one collaborative pathway model: to gain “increased knowledge of what works, what doesn’t” (FLV et al., 2017). The CBOs also stressed the importance of growing responsibly in the sense of being true to community needs (e.g. “evolve[ing] in alignment with emerging community understanding” [FLV et al., 2017]) and the organizational mission (e.g. “sustainable changes that align with its mission” [ENYF et al., 2017]).

6. Networks
Networking emerged as an important part of solution framing in terms of its ability to expand capacity through collaboration and knowledge transfer and by offering a sense of solidarity. Referring to an international conference she had attended, one partner remarked, “there are other parts of the world coping, who understand what I’m going through... The problems are so big, but so is the movement. You don’t feel alone” (person of color, female, community; notes). Partners

3 The one CBO that did not include this sustainable organization prognostic framing in its long-term outcomes was housed under a cooperative extension office, which ended its support for that CBO with the end of the Food Dignity partnership. In addition, another community partner has identified one of the Food Dignity project’s greatest failures as not planning and providing adequately for supporting the CBOs in making their work sustainable.

stressed the value in communicating and working with other nonprofits and businesses, as well as universities, agencies, and decision-makers. Community partners also framed connecting with individual community members as a solution. Similarly, part of the networking frame relates to building community leaders through relationships, as in WCP’s collaborative pathway model outcome, “national leaders in grassroots food justice work make connections with local individuals interested in food system work” (WCP et al., 2017).

One Motivational Frame
Through our work with Food Dignity, we identified one frame for motivating food justice action: recompense. This frame is singular and overarching. As illustrated above, partners employed the described diagnostic and prognostic frames both internally and publicly. By contrast, explicit use of this motivational frame for the food justice work was employed only internally, among Food Dignity partners. Initially only community partners used the recompense frame, often as an explanation to academic partners, and community partners continued to be its primary users throughout the project.

Recompense
The recompense frame that community partners used in Food Dignity suggests that those who have been systematically granted social privileges should recognize that it is their responsibility to use that privilege to bear the cost of “lifting up” those on whose backs the U.S. food system has been built. To become motivated by this recompense frame is not to accept individual blame nor assess guilt, but to recognize unearned, structural privileges—including those our society apportions by race, class and gender. This framing further asks for acknowledgment that privileges have been extracted through oppression and that equal treatment, by itself, cannot erase the inequities resulting from generations of some benefiting at the expense of others. According to the recompense framing of Food Dignity partners, redress and reparations are required if we are to create an equitable society.

In other words, Food Dignity partners’ answer
to the question, “why should I care about ending inequality in the food system?” is that our dominant food system in the U.S. was built on stolen land with stolen people and systematically supports the health of some and degrades that of others.

Food Dignity partners rarely used this recompense framing explicitly, but instead embedded it as implicit within diagnostic and prognostic frames. For example, one partner noted, “before slavery African people had a strong connection to the land. That connection was broken on the backs of slaves in the plantations. The spirit of love for the land was turned into shame and pain, and many of us now reject the land instead of honoring our connection to it” (person of color, male, community; story [Brangman, 2015]). Here, this partner’s powerful melding of the relocation diagnostic frame and the great food prognostic frame combine as an implicit invitation to understand the premise of a recompense motivational frame.

Reclaiming indigenous and first-person expertise also fuels the recompense frame. For example, in an explicit use of this frame (less common than implicit uses), one partner shared her experience of her community’s knowledge being stolen by academics. She explained, “I don’t know how many times I’ve read articles of PhD folks, ‘look what we found out!’ Yeah, my mom told me that so many times... It hurts my soul and my heart that this is ‘new knowledge’ when it really isn’t. This is a huge part of dignity, and Food Dignity. Reclaiming where this knowledge really comes from. Need to say it, be explicit about it. Own it” (person of color, female, community; notes).

Though historical trauma and systemic oppression form the premise of the recompense frame, its motivating inverse is the enormous potential for progress if the call to redress these injustices is heeded. For example, as one community partner explained, “for people to grow their own food, you can’t get any more dignity than that. We’ve been robbed of it by supermarkets, food stamps. The most healing thing I’ve ever seen” (referencing people growing their own food) [person of color, male, community; notes]. Here, he implicitly introduced the recompense frame by offering the imperative that we should facilitate people growing their own food as one way to restore dignity to those from whom it has been robbed. As another partner observed, “None of the technical work will matter or succeed without the healing” (not a person of color, female, academic; notes).

Discussion
Our results indicate that Food Dignity partners aim to address problems that are prominently, but not entirely, related to food. Only one of the five strong diagnostic frames that emerged was directly related to food (broken food system), suggesting that participants largely attribute food problems to underlying causes related to limited resources, loss of place and/or loss of sense of belonging, degraded communities, and constrained choices. Similarly, prognostic frames suggest addressing the identified problems through several methods that do not necessarily involve food: reclaiming the power of marginalized people, (re)building local economies, creating strong communities and sustainable organizations, and building networks. The great food frame, however, also was strongly employed as a prognostic frame, including a broad range of specific solutions, from planting gardens to using food as a catalyst for achieving other goals. We also found that Food Dignity partners employed diagnostic and prognostic frames much more commonly and explicitly than motivational frames. In addition, the one motivational frame identified—recompense—was employed explicitly only internally (not publicly) and mostly by community partners.

As in movements for environmental justice (see for example Bullard, Johnson, & Torres, 2011) and analyses of structural violence (Galtung, 1969), the uses outlined here of diagnostic, prognostic, and motivational frames by food justice actors in Food Dignity identify visible problems (such as food insecurity) as symptoms of deeper systemic and often historical societal issues of inequity. Like activists in related movements, Food Dignity partners understand and employ food-related strategies in this broader structural context.

As diagnostic framing applied to movements in general, Cress and Snow (2000) found that articulately assigning specific blame for a problem is a necessary condition for successful social movements. This finding, however, may apply best when
blame is attributable to a much smaller segment of the population than in the case of food system injustice issues. We hypothesize that the recompense frame, which targets motivating people with systemic privilege (such as academic, male, and/or white partners in Food Dignity), carries risks of backfiring if not employed strategically with audiences primed to hear it. As described by one food justice activist, “anyone can give charity and feel good about themselves, but giving justice to someone who demands it, that is harder to accept” (Longoria, Schlosser, Keshari, Fish, & Rawal, 2014). Our personal experience in the project suggests that many of the community partners in Food Dignity generously and strategically worked over the seven years of the partnership to help many of the academic, male, and white partners understand, and become motivated by, this frame. We do know that it came to motivate each of us based on the individual ways in which we carry privilege and oppression.

McCammon et al.’s (2007) study offers additional potential guidelines for effective framing. Explicitly rebutting opposing frames—those that conflict with goals of the food justice movement—may improve the efficacy of strategic framing. An example of an opposing frame as identified by a community partner is, “the City would have you think, ‘We’re okay, Walmart’s donating food’ (not a person of color, female, community; notes), suggesting that food-insecure people simply need more donated food, not changes to the food system. According to McCammon et al. (2007), employing direct diagnostic or prognostic rebuttals about why donations from Walmart are insufficient may help foster food movement goals.

Another promising strategic framing strategy offered in the literature is that adapting food justice frames to make connections with disruptive events in society will increase a movement’s chances for success (McCammon et al., 2007). For example, rising discontent with relationships between police departments and African American communities, general calls to resist threats to U.S. democracy, and concerns about the future of public lands are all issues that might offer opportunities onto which one can “hook” some forms of food justice strategic framing.

Sbicca (2012) posits that effective frames should “resonate among [food justice] activists” (p. 463) to be consistent with the values of the movement. Our identified speaker demographics suggest that community, rather than academic, partners dominantly use the strongest frames in Food Dignity and that partners across races and two genders use these frames (see Strength column of Table 1). In other words, the strong frames used by Food Dignity partners not only resonate with, but were generated by, food justice activists, many of whom have personal experience with food injustice. Now the Food Dignity collaboration must amplify these strategic food justice frames. These are the voices that must be heeded if the food justice movement is to succeed where others have failed in reaching their goals (Slocum, 2011). This investigation of social movement framing in the Food Dignity partnership may help address the call for a way of identifying and developing diagnostic, prognostic, and motivational frames “premised on an open understanding of [food justice] that are then integrated into movement-building efforts” (Sbicca, 2012, p. 464).

Further studies should focus on understanding the impact of these framings on food justice outcomes, including by using empirical methods such as those established in McCammon et al. (2007) and by identifying arenas of overlap with other movements that may be ripe for collaboration. Also, per the relative timidity of food movement framings mentioned in the literature review, trialing the effectiveness of more radical and oppositional framing may be worth conducting.

Since people learn best from contextualized examples (Flyvbjerg, 2006), it is our hope that this study can offer valuable information to activists wishing to strengthen the clarity and potency of social movement framing in food justice and beyond.

Conclusion
Effective framing is an influential part of building a successful social movement (Cress & Snow, 2000; McCammon et al., 2007; McVeigh et al., 2004), and explicitly identifying food justice movement framing is a key step toward both honing and evaluating these framing strategies. Using the case of
the Food Dignity project and partnership, our results here are among the first to identify diagnostic, prognostic, and motivational frames used in the food justice movement.

Food Dignity community partners consistently diagnosed causes of food injustice as inequitable and insufficient resource distribution, a food system that fails to provide sufficient access to healthy food, dislocation, degraded communities, and systemic constraints on choice and individual capacity to respond. Solution frames included reclaiming power, growing local economies, strengthening communities, growing and sharing great food, sustaining CBOs, and networking in the movement. Partners employed one thematic motivational frame of recompense, mostly implicitly and mostly in house among project partners. We also observe that Food Dignity community partners were active in creating and utilizing the frames noted.

Past empirical work on effective social movement framing suggests that Food Dignity partners may have room to use more direct motivational frames publicly, to rebut opposing frames more explicitly, and possibly to point more specifically to those who are complicit in the problems they identify. However, whether these lessons from other contexts apply within the food justice movement is a decision best left to front-line activists.

In keeping with Sbicca’s (2012) case study with People’s Grocery, most of the food justice frames used by Food Dignity project partners point to the root of the problem as systemic social oppression. Solution frames do include producing and sharing great food, but that is only one small part of the solution. As an academic-based partner noted in her digital story, the community-based partner who inspired the name of the entire Food Dignity project said that “the work is ultimately about dignity” (Sequeira in Porter, 2015).

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